



BABY POUCH ICE LOLLIES

FROM
AROUND 6
MONTHS

SERVES 4

STAGE 1

Not only are these perfect for the warmer weather, but they're also amazing at helping to soothe your little one's gums when they're teething.

These baby pouch ice lollies are super easy to make and can offer a world of new flavours to your little one!

WHAT YOU NEED

- 1 Babease pouch of choice (130g)
- 100ml of water
- Ice lolly mould

WHAT TO DO

1. In a bowl, mix together a Babease pouch of your choice with 100ml of water.
2. Pour the mixture into your ice lolly mould and freeze for at least four hours.
3. Once they're ready, run some cold water across the moulds - this will make them easier to remove!