



PEA PASTA

10 MINS
COOK

SERVES 1

STAGE 2

VEGGIE

FROM
AROUND 7
MONTHS

This pea pasta is perfect for babies who are enjoying solid foods as part of stage 2 weaning, around seven months old.

As your little one gets more adventurous with their eating, you can add more ingredients to this recipe, introducing different vegetables for new flavours and textures.

WHAT YOU NEED

50g pasta shapes

1tbsp frozen peas

50g cream cheese

A dash of milk

A sprinkle of cheese

WHAT TO DO

1. Boil a pan of water and cook your pasta as per the packet instructions. Add the frozen peas three minutes before the pasta has finished cooking.
2. While the pasta is cooking, melt the cream cheese in a separate pan. Add a dash of milk to this creamy sauce.
3. Drain the pasta and peas before adding them to the sauce. Stir well and top with a bit of cheese when you're ready to serve.