



## MADELEINE'S OAT & APRICOT BARS

10 MINS  
PREP

25 MINS  
COOK

SERVES  
6-7

STAGE 2

VEGGIE

Quick, easy and perfect for the whole family, this vegetarian family recipe is the perfect treat for your baby during stage 2 weaning.

P.S. You can freeze these bars if needed!

### WHAT YOU NEED

150g of dried apricots  
150g of dried cranberries  
150g of dried figs  
250g of porridge oats  
4 tbsp of desiccated coconut  
100g of butter or coconut oil  
1 tsp of cinnamon  
½ tsp of all spice  
½ orange / or lime zest

### WHAT TO DO

1. Preheat the oven to 175C.
2. Grab a food processor pop the apricots, cranberries, figs and butter/coconut oil for a few minutes.
3. Add the rest of the ingredients and blitz for 30 seconds.
4. Place in a lined tray and bake for 25 minutes.
5. Cut into bars.